



MCMH + Clinics Cafeteria

WEEK THREE MENU

	Lunch	Supper
Monday	<p>Café: Black Bean Roasted Corn Enchiladas Beef & Noodles, Jerk Pork Tenderloin Mashed Potatoes, Cilantro Lime Rice Squash, Green Beans w/Peppers & Onions Pineapple Cream Cheese Salad, Coleslaw Scotcheroos, German Chocolate Cake</p>	<p>Turkey Burger, Chili Lime Cod w/Strawberry Salsa Sweet Potato Fries, Lemon Couscous Creamed Peas, Capri Vegetables Tex Mex Salad, Tossed Salad Oreo Pie, Fresh Pineapple</p>
Tuesday	<p>Breaded Pork Tenderloin w/Bun, Beef Kabobs Roasted Baby Potatoes, Garlic Butter Rice Carrots, Roasted Cauliflower Tossed Salad, Sliced Peaches Peanut Butter Mousse Pie, Cherry Jell-O Parfait</p>	<p>Tuna Salad on Croissant, Pot Roast Baked Lays, Mashed Potatoes w/Gravy Beets, Buttered Corn Garden Ranch Cottage Cheese, Cucumber Tomato salad Banana Cake, Fresh Fruit</p>
Wednesday	<p>Café: Chicken Gyros Smoked Sausage, Cajun Roasted Salmon Loaded Mashed Potatoes, Baked Sweet Potatoes Fried Cabbage, Asparagus Chop Chop salad, Cranberry Couscous Salad Pistachio Lush, Flourless Orange Cake</p>	<p>Spaghetti w/Meat Sauce, BBQ Chicken Garlic Bread, Ranch Tater Tots Peas, Oven Roasted Carrots Tossed Salad, 3 Bean Salad Chocolate Cake w/Vanilla Frosting, Sugar Cookie</p>
Thursday	<p>Café: Chicken Noodle Soup Ham Balls, Chicken Fried Steak Mash Potatoes w/Country Gravy, Sweet Potato Hash Corn, Country Green Beans Tossed Salad, Creamy Cucumber Salad Better Than Ever Cake, Snickerdoodle</p>	<p>Chicken Rice Casserole, Swiss Steak Mashed Potatoes & Gravy Brussels Sprouts, Tomatoes & Zucchini Tossed Salad, Potato Salad Strawberry Margarita Pie, Grapes</p>
Friday	<p>Café: Hot Dogs Chicken w/Mango Salsa, Fried Shrimp Curly Fries, Garlic Parmesan Orzo Corn, Zucchini Tossed Salad, Spinach Salad w/Apples Oreo Brownies, Sherbet</p>	<p>Honey Garlic Pork Chop, Maid Rite Brown Rice, Tater Tots Asparagus, Lima Beans Macaroni Salad, Three Bean Salad Oatmeal Raisin Cookie, Strawberry Parfait</p>
Saturday	<p>Chicken & Noodles, Herb Pork Steak Mashed Potatoes, Mac & Cheese Green Beans, Cauliflower w/Cheese Watergate Salad, Cucumber Salad Spice Cake, Fruit Cup</p>	<p>Stuffed Peppers, Teriyaki Glazed Chicken Tri-Color Potatoes, Lo Mein Noodles Hubbard Squash, Stir Fry Vegetables Tossed Salad, Orange Dream Salad Revel Bar, Lemon Pudding Parfait</p>
Sunday	<p>Shepherd's Pie, Ham Steak Mashed Potatoes & Gravy, Fried Potatoes & Onions Vegetable Medley, Squash Tossed Salad, Orange Jell-O w/Mandarin Oranges Turtle Brownie, Watermelon</p>	<p>Scalloped Chicken, Egg Salad on Bread Garden Rice, Baked Lays Stewed Tomatoes, Wax Beans Banana Split Salad, Rosy Applesauce S'mores Bar, Fruit Cup</p>